



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental movement skills Cooperation		Gymnastics Multi-skills		Target games Dance (animals)	
Year 1	Fundamental movement skills	Dance (weather)	Target games	Fundamental movement skills	Dance (weather)	Target games
	Multi - skills	Multi – sports 1	Gymnastics	Multi - skills	Multi – sports 1	Gymnastics
Year 2	Fundamental movement skills	Dance (Olympics)	Target games	Fundamental movement skills	Dance (Olympics)	Target games
	Multi - skills	Multi-sports 1	Gymnastics	Multi - skills	Multi-sports 1	Gymnastics
Year 3	Fundamental movement skills	World sports	Gymnastics	Fundamental movement skills	World sports	Gymnastics
	Multi – sports 1	Multi – skills	Invasion games	Multi – sports 1	Multi – skills	Invasion games
Year 4	Fundamental movement skills	World sports	Gymnastics	Fundamental movement skills	World sports	Gymnastics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Multi – sports 1	Multi – skills	Invasion games	Multi – sports 1	Multi – skills	Invasion games
Year 5	Multi skills	Netball	Handball	Multi skills	Netball	Handball
	Football	Dance – around the world	Gymnastics	Football	Dance – around the world	Gymnastics
Year 6	Multi-skills	Netball	Hockey	Multi-skills	Netball	Hockey
	Football	OAA	Gymnastics	Football	OAA	Gymnastics