



Red Hill Primary School
PE Long-Term Plan
2025-2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Fundamental movement skills Cooperation		Gymnastics Multi-skills		Target games Dance (animals)	
Year 1	Fundamental movement skills Multi - skills	Dance (weather) Multi – sports 1	Target games Gymnastics	Fundamental movement skills Multi - skills	Dance (weather) Multi – sports 1	Target games Gymnastics
Year 2	Fundamental movement skills Multi - skills	Dance (Olympics) Multi-sports 1	Target games Gymnastics	Fundamental movement skills Multi - skills	Dance (Olympics) Multi-sports 1	Target games Gymnastics
Year 3	Fundamental movement skills Multi – sports 1	World sports Multi – skills	Gymnastics Invasion games	Fundamental movement skills Multi – sports 1	World sports Multi – skills	Gymnastics Invasion games
Year 4	Fundamental movement skills Swimming Multi – sports 1	World sports Swimming Multi – skills	Gymnastics Swimming Invasion games	Fundamental movement skills Swimming Multi – sports 1	World sports Swimming Multi – skills	Gymnastics Swimming Invasion games
Year 5	Multi skills Football	Netball Dance – around the world	Handball Gymnastics	Multi skills Football	Netball Dance – around the world	Handball Gymnastics
Year 6	Multi-skills Football	Netball OAA	Hockey Gymnastics	Multi-skills Football	Netball OAA	Hockey Gymnastics