



WEEK ONE

3 Nov
24 Nov
15 Dec
19 Jan
9 Feb
9 March
30 March

MONDAY

Chicken Pie 1
Mushroom & Lentil Stew VG
Pesto & Pea Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Crushed Potato
Cauliflower,
Carrots

Strawberry Mousse 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Margherita Pizza 1,3,7 V
Bean Biryani VG
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9

Rainbow Pasta 1
Seasonal Vegetables

Toffee Apple Pudding 1 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Gammon & Gravy
Broccoli Tot 1,7 V
Arrabiata Pasta Shells 1 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes,
Cabbage,
Peas

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Beef Bolognese Pasta Bake 1,7
Loaded Bean Chilli Wedges VG
Red Pesto Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Green Beans
Grated Carrots

Parsnip Brownie 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Pork Sausages 1,6
Vegetable Sausage VG
Cheese & Tomato Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Sweetcorn, Baked Beans
Cucumber Sticks

Oaty Cookie 1,15 VG
Yoghurt 3,7
Fruit Pots VG

WEEK TWO

10 Nov
1 Dec
5 Jan
26 Jan
23 Feb
16 March

Caribbean Brown Chicken
Chick Pea Jambalaya VG
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice,
Carrots,
Peas

Chocolate Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Cheese & Broccoli Pasta Bake 1,7 V
Buffalo Cauliflower Wings
& Wedges VG
Tomato & Sweetcorn Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Plum Pudding 1VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Chicken & Gravy
Ratatouille Puff 1,3 VG
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Broccoli,
Carrots

Crispy Cake 1,3,7,16
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Beef Stew & Dumpling 1
Falafel Burger & Wedges 1,5 VG
Pesto Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9

Cauliflower,
Green Beans

Apple & Cinnamon Pinwheel 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Salmon Bites 1,8
Margherita Pizza 1,3,7 V
Herby Tomato Pasta Twists 1 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas,
Coleslaw 9

Marble Cookie 1 VG
Yoghurt 3,7
Fruit Pots VG

WEEK THREE

17 Nov
8 Dec
12 Jan
2 Feb
2 March
23 March

Macaroni Cheese 1,7 V
Sweet Potato & Chick Pea Curry VG
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice,
Green Beans,
Mixed Salad

Peach Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Chicken Noodles 1
BBQ Vegetable Burrito 1 VG
Pesto & Pea Penne 1,7 V
Jackets with a Choice of Toppings 7,8,9

Sweetcorn,
Peppers

Chocolate Rice Pudding 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Pork & Gravy
Vegan Sausage Roll 1 VG
Cauliflower Cheese Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes,
Green Beans,
Carrots

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Beef Cottage Pie
Butternut Squash Risotto 7 V
Herby Tomato Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Beetroot Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Cheese, Carrot & Tomato Swirl 1,7 V
Tomato & Sweetcorn Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas, Baked Beans,
Grated Carrot

Caramel Flapjack 1,7,15 V
Yoghurt 3,7
Fruit Pots VG

Primary 4

**AVAILABLE
DAILY**

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

