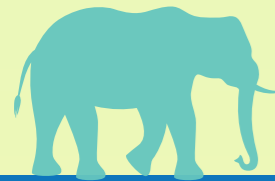


WEEKLY MENU

LET'S **SAVE** THE **WORLD** TOGETHER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

15TH APR . 13TH MAY

17TH JUNE . 15TH JULY

2ND SEPT . 30TH SEPT

Cheese & Tomato Pinwheel 1,7 V
Sweet Potato & Bean Pie VG
Arrabiata Penne 1 VG
Jackets with a Choice of Toppings 7,8,9
Baked Potato Wedges, Peas, Carrots
Peach Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Beef & Onion Pie 1
Potato Nachos with Bean & Tomato Topping 7 V
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Strawberry Mousse 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Gammon & Gravy
Vegetable Chilli with Baked Tortilla Chips 1 VG
Pesto Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Broccoli, Sweetcorn
Cornflake Cookie 1,7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Fajitas 1,4
Vegetable Fajita 1 VG
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9
Rice, Cauliflower, Carrots
Traybake Pancake 1,7,9 & Berry or Chocolate Sauce
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7,9 V
Vegetable Nuggets 1 VG
Salmon Pasta 1,7,8
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Carrot Sticks
Oaty Biscuit 1,15 VG
Yoghurt 3,7, Fruit Pots VG

WEEK 2

22ND APR . 20TH MAY

24TH JUNE . 22ND JULY

9TH SEPT . 7TH OCT

Chicken Pie 1
Ratatouille & Baked Tortilla Chips 1 VG
Pesto Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Ice Cream 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

BBQ Pulled Pork Loaded Wedges
Chinese Vegetable Noodles 1,3,16 V
Herby Tomato Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Sweetcorn, Courgettes
Chocolate Pudding 1,9 & Chocolate Sauce 7
Mr Nourish Biscuit 1 VG, Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy
BBQ Vegetable Burrito 1 VG
Cheese & Cauliflower Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Carrots
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Macaroni Cheese 1,7 V
Vegetable Hot Pot 16 VG
Tomato & Sweetcorn Pasta Twists 1 VG
Jackets with a Choice of Toppings 7,8,9
Carrots, Green Beans, Garlic Bread 1,3,7,9
Peach Sponge 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Cheese & Spinach Pinwheel 1,7 V
Arrabiata Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Ginger Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

WEEK 3

29TH APR . 3RD JUNE

1ST JULY . 16TH SEPT

14TH OCT

Sweet Chicken Curry
Mexican Wrap Stack 1,7 V
Cheesy Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Seasonal Vegetables, Herby Bread 1,3,7,9
Apple Crumble 1 VG & Custard 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Sausage Roll 1,6
Quorn Sausage & Gravy 1 VG
Cheese & Tomato Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
Mashed Potato, Baked Beans, Broccoli
Banana & Toffee Cake 1,7,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Pork & Gravy
Samosa Puff 1 VG
Mediterranean Penne 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Green Beans, Carrots
Crispy Cake 3,7,16, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Margherita Pizza 1,3,7,9 V
Loaded Cajun Bean Wedges VG
Pesto & Pea Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Sweetcorn, Peppers
Lemon Drizzle Cake 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Bites 1
Summer Frittata 7,9 V
Macaroni Cheese 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Cucumber Sticks
Caramel Cookie 1,7
Yoghurt 3,7, Fruit Pots VG

WEEK 4

6TH MAY . 10TH JUNE

8TH JULY . 23RD SEPT

21ST OCT

Jerk Chicken
Coconut & Squash Dhansak VG
Tomato & Herb Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Sunshine Rice, Cauliflower, Carrots
Ice Cream 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Singapore Noodles 1,3,16 VG
Cheese & Bean Wrap Pocket 1,7 V
Tomato & Sweetcorn Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Seasonal Vegetables
Jam Tart 1,6 VG & Custard 7, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy
Vegetable Toad in The Hole 1,7,9 V
Arrabiata Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Penne Bolognese 1
Rice & Bean Burrito 1 VG
Cheesy Pasta Twists 1,7 V
Jackets with a Choice of Toppings 7,8,9
Baked Wedges, Green Beans
Sweetcorn, Garlic Bread 1,3,7,9
Beetroot Cake 1,9, Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Vegetable Pastie 1 VG
Pesto Penne 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Vegan Brownie 1 VG
Yoghurt 3,7, Fruit Pots VG

KEY:
VG Vegan V Vegetarian

AVAILABLE DAILY:
Selection of Salads 9, Homemade Bread 1,3,7,9.
Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



4 OPTIONS

LOOK OUT FOR OUR THEMED DAYS!



1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten