





April 2024

A message from Nicola Crockatt and Becci McManus

Hopefully we are beginning to see a more positive turn in the weather at the start of the Summer term. This term is always very busy and we hope you are finding the parental calendar useful to help see what is coming up in the term ahead – key term dates can also be found on the last page of this newsletter.

It was a pleasure to welcome other TPA schools to our inaugural cross country competition where year 3 and 4 raced against 5 other schools in the trust and we are very proud to announce we came first overall! A fantastic achievement for all of the children who participated and a special thank you to Mr Fricker.

Thank you also to everyone who completed our survey for school uniform, we are currently analysing your feedback and will update you before half term on our uniform policy.



** TRAVELLING BOOKS







Amazing Arimals Amazing Arimals

Reception News

Reception have had a wonderful start their to Topic 'Amazing Animals' children the created amazing animals for their homework have and produced these fantastic displays.









YEAR 1 NEWS

Year 1 have had a brilliant time exploring our topics A Day in the Life and Green Fingers. We worked as a team to identify the features of different vehicles used by people in our community then in DT constructed our own.





To celebrate our new topic Green Fingers we made Fruit Salad and thought about the different places our food comes from. Check the next newsletter to see what we have grown this half term!









YEAR 2 NEWS

Year 2 have had a busy start to the summer term. We had our entry point to our new topic - The Magic Toymaker, where we made our own toys such as chatterboxes and jack in the boxes. Already, we have organised toys chronologically as well as designed our own toy museum whilst considering what toys there could be in the future.



In maths we have begun to recognise halves, quarters and thirds in shapes and then how to find a quarter of a number.

We have also been learning about Sir David Attenborough in guided reading and really enjoyed finding out all about his life as a naturalist. We will be using how this text is structured as well as our next text - Fanstically Great Women Who Changed the World to help us organise and create our own non-chronological reports on toys from the past.







Year 3 News



We have been busy in Year 3 preparing for our entry to the environmental awards. We have learned about the water tower that stood on Summer Hill which was demolished in 1963. We made prints of the water tower to make a 3D model as well as observational drawings which we turned into paper bag sculptures.

Year 4 have had a fun filled two weeks!

Last week, lots of us went on a residential trip to PGL and we had an AMAZING time! During our time away, we got to take part in many different activities that challenged us. We took part in activities like the giant swing, zip-wire, abseiling, rock climbing and team building activities. PTO for more photos

Year 4 News







Here are some of our favourite memories from the trip:

Year 4 News continued



My favourite memory was when we went abseiling because there was an amazing view when we came down.





My favourite part of the trip was when we went on the giant swing because it was really fun and we went up so high!





Year 4 also went on another trip to a Charlton football match on Monday. We had a great time watching the match against Sheffield!

Year 4 News continued









Year 5 News

This week Year 5 have been finishing off the science section of their topic Roots, Shoots and Fruits. They worked in groups to create two different flowers: one which they believed would attract pollinators, like bees and butterflies, and the other which they believed would not attract these pollinators. We will be completing the experiment by observing how many insects each of the flowers attract when placed outside.



Year 6 News We could not be prouder of year 6!

They are working so incredibly hard on their preparation for SATs and secondary school. They have been particularly amazing in our grammar sessions!

Thank you so much to all parents who are encouraging their children to attend Maths boosters, it has made a huge difference.









PE News

There have been lots going on across many sports this month. The year 4 children came 3rd in a Tri golf competition, they were incredible. The football season is coming to a close both the boys and girls have played some amazing football and should all be so proud. The year 4 children were also very lucky they got to watch an under 21 Charlton game at The Valley. And finally we hosted the Pioneer year 3 and 4 cross country event which was such a great afternoon.





Spotlight on Mental Health - April 2024

SUPPORT AND INFORMATION

Mental Health Foundation

Our website offers information on mental health, mental health problems, self-help and how to get help. www.mentalhealth.org.uk

Confidential help and support

The Samaritans provides emotional support 24

hours a day. www.samaritans.org

Email: jo@samaritans.org

Telephone: 08457 90 90 90

Counselling

The British Association of Counselling and

Psychotherapy www.bacp.co.uk

Email: bacp@bacp.co.uk
Telephone: 01455 883300

UK Council for Psychotherapy

www.psychotherapy.org.uk

Email: info@ukcp.org.uk

Telephone: 020 7014 9955

General health information

NHS 111 provides information 24 hours a day.

www.nhs.uk Telephone: 111

For free support for children, young people and their families, please contact https://bromley-y.org/

Parkruns are free, weekly community events which take place on Saturday and Sunday mornings in local parks. You can run, jog or walk your way around the 2k or 5k track with family and friends! To find out more, visit www.parkrun.org.uk

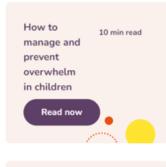
Child and Adolescent Mental Health Services (CAMHS) is a free service run by the NHS and is made up of medical and mental health professionals. If you have concerns about your child, please call 0208 315 4430 (Mon – Fri 9am – 5pm) or 0208 3228 5980 (Sat – Sun 9am – 10pm)

Simply Connect Bromley

https://bromley.simplyconnect.uk/ shares everything happening in Bromley and is an easy way to connect you and your family to your local community. If you're looking for parenting services, youth services, hobby clubs, etc. this is your one stop shop!

For practical tips to support children's wellbeing and behaviour, there is a wealth of information on the following website. From supporting children with homework, to help with peer pressure, to sleep issues ... there are short videos and texts to help.

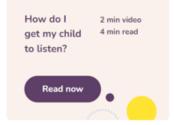
Place2Be: Parenting Smart: Articles

















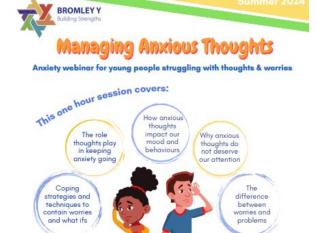


Spotlight on Mental Health April 2024

Building Bright Futures

Young Person's Webinars





Bromley Y practitioners host this free session via Microsoft Teams.

Upcoming session

BROMLEYY



Sat 1st June @ 10:00am

To help participants feel comfortable, we ask cameras and mics to be turned off throughout, with optional interaction via the chat function.

Book your place on the Bromley Y Eventbrite Page.





Summer 2024

Tackling Low Mood & Depression

Webinar for young people who are struggling with mood and motivation



Bromley Y practitioners host this free session via Microsoft Teams.

Upcoming session



Mon 20th May @ 4:30pm

To help participants feel comfortable, we ask cameras and mics to be turned off throughout, with optional interaction via the chat function.

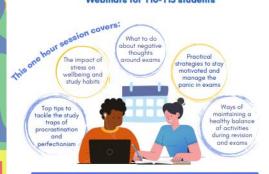
Book your place on the Bromley Y Eventbrite Page.



itrengths

Managing Exam Stress

Webinars for Y10-Y13 students



Bromley Y practitioners host these free sessions monthly via Microsoft Teams.

Managing Exam Stress



Weds 1st May @ 4:30pm

To help participants feel comfortable, we ask cameras and mics to be turned off throughout, with optional interaction via the chat function.

Book your place on the <u>Bromley Y Eventbrite Page</u>.



PTO









Wellbeing Webinars

for Young People Which one is right for me?

Understanding & Managing Anxiety

Struggling with anxiety?

Experiencing physical symptoms such as shallow breathing, nausea or shaking?

Avoiding situations that make you feel anxious?

Managing Anxious Thoughts

Always running through different scenarios in you

Do you experience racing

Do you find yourself going over and over the same worries? Spotlight on Mental Health April 2024

Sign up at our



Tackling Low Mood & Depression

Is your mood lower than usual?

Struggling to find motivation?

Spending more time by yourself due to how you feel?

Managing Academic Stress

Do exams give you anxiety?

Are you struggling with procrastination or perfectionism?

Do you end up feeling run down and overwhelmed when revising?

These free sessions are hosted by Bromley Y practitioners every month outside of school hours on Microsoft Teams to help you look after your mental health and wellbeing.



This week, Will, Charlie and Ethan brought in their medals they received when they completed the 2.6 km course of the London Mini Marathon on Sunday 20th April. We're so proud of you, and well done to everyone who took part!









Quiz night

Thank you to everybody who supported our quiz night on Friday! We hope you all had a great evening! We are very pleased to announce that we raised an amazing £1,300 for the school and £450 for Cancer research!

Summer Fair

Don't forget to save the date for this year's Summer Fair! It will be held on 6th July, with inflatables, food & drink, games and more!

If you are interested in a stall, please email friendsofredhill@live.co.uk

Joining us at FORH

We are always looking to welcome new members to come and join us. If you would like any more info, feel free to contact us on the following -

Facebook - Friends of Red Hill School (PTA)
Instagram - @friends.of.red.hill.primary
Email - friendsofredhill@live.co.uk

Thank you as always for your support!

NEW – Thursday 2nd May - Polling Day – School closed to pupils

Friday 24th May - Summer 1 ends

Half Term – Monday 27th May to Friday 31st May Monday 3rd June – Inset – school closed to pupils

Tuesday 4th June - Summer 2 begins

Wednesday 24th July – Summer 2 ends

Term Dates